

# Extra Mile Club (EMC)

United Youth Football League



## Athlete- Football and Cheerleading

- ☐ Copy of State ID \*
- ☐ Recent Report Card
- ☐ Athlete Membership Form
- ☐ Medical Release Forms
- ☐ Liability
- ☐ Physical\*

EMC Membership Fee \$130  
Insurance \$ 20

\$ Extra Mile Club

# **EMC Football/Cheerleading Athlete Membership Form**

Full Name: \_\_\_\_\_

Position(s): \_\_\_\_\_

Date of Birth: \_\_\_\_\_

## **Parent/Guardian**

Name: \_\_\_\_\_

Phone#: \_\_\_\_\_

Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact Phone# and Email: \_\_\_\_\_

## **Photo and Video Waiver**

I give EMC permission to use photos and videos of the participating athlete on EMC Website, in EMC Publications, and Social Media.

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Parent/Guardian Signature	Date
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Member Athlete Signature	Date
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# EMC Football/Cheerleading

## Medical Release

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Participant Name

DOB

*Please Check:* Male ☐ Female ☐

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Name of Primary Care Physician

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Insurance Group Number

### **PARTICIPANT MEDICAL HISTORY** *(please circle)*

- |   |        |
|---|--------|
| 1. Are there any injuries requiring medical attention?                              | Yes No |
| 2. Are there any past surgeries or scheduled surgeries?                             | Yes No |
| 3. Is there any history of concussions and/or head injuries?                        | Yes No |
| 4. Is the participant currently under the care of a medical practitioner?           | Yes No |
| 5. Is the participant currently taking any medications?                             | Yes No |
| 6. Does the participant have any allergies (penicillin, bee stings, etc)?           | Yes No |
| 7. Does the participant have asthma/require the use of an inhaler?                  | Yes No |
| 8. Is the participant diabetic/require medication for diabetes?                     | Yes No |
| 9. Does the participant currently require medication?                               | Yes No |
| 10. Does/has the participant have/had seizures?                                     | Yes No |
| 11. Does the participant wear glasses or contact lenses?                            | Yes No |
| 12. Does the participant wear a brace or other medical support device?              | Yes No |
| 13. Does the participant have any other physical limitations or medical conditions? | Yes No |

*\*If you answered yes to any of the above questions, please provide the question number and an explanation in the following space.*

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*I hereby certify that this information is accurate to the best of my knowledge. I understand that this medical authorization may be voided in the event of injury, illness or accident and I may not be cleared for participation at such time. I hereby acknowledge that it is my responsibility to inform my coach or organization official in writing if there is any change in my medical condition. I also understand that it's my responsibility to obtain written permission from my physician on official medical conditions in order to seek permission to participate.*

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Parent/Guardian Signature

Date

## **EMC Football/Cheerleading**

### **Liability Waiver**

I hereby state that EMC is not responsible for any pre-existing injury or reoccurrence of any pre-existing injury or illness of the participating athlete. Participating athlete must have a valid physical before participating athlete can compete. EMC is not responsible for any injury obtained while participating athlete is in competition. I release EMC from all Competition Liability.

**\*Competition Liability includes game day, practice, conditioning, camps, and combines.**

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Athlete Name

Member Club

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Parent/Guardian Signature

Date

## EMC Football/Cheerleading

### Physical Release

**THIS SECTION MUST BE COMPLETED AND STAMPED ONLY BY A LICENSED MEDICAL PROFESSIONAL**

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Participant Name _____	DOB _____
Height _____ Weight _____ Eyes _____ Ears _____	
Mouth _____ Nose & Throat _____ Respiratory _____	
Cardiovascular _____ Blood Pressure _____ Neurological _____	

*I hereby certify that I am a licensed state examiner and have examined the above named individual. I understand the above will be participating in New Life Football League. This individual is physically fit and I have found no medical reason which would prevent this individual from safely participating*

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Printed Name of Medical Professional

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Signature of Medical Professional

Date

**Professional Stamp**