



FAITH. FAMILY. EDUCATION. SPORTS.

THE EXTRA MILE CLUB

The mission of the Extra Mile Club of the Lowcountry (EMC), a 501c3 organization, is to promote academic leadership, discipline, self-esteem, and sportsmanship in a safe, healthy, and enjoyable environment while serving God and the community.

Community Update & Program Highlights

The Extra Mile Club of the Lowcountry continues its mission of promoting academic leadership, discipline, self-esteem, and sportsmanship in a safe, healthy, and enjoyable environment while serving God and the community. Since 2008, our work has been rooted in building strong relationships, supporting youth holistically, and responding to the evolving needs of families in Beaufort County.



THE ELITE 25 MENTORING AND LEADERSHIP DEVELOPMENT

Through mentoring and our Elite 25 program, middle and high school students engage in weekly huddles that elevate youth voice and leadership. The Elite 25 program was created to prepare a select group of young people for college through athletic scholarship opportunities while emphasizing academic excellence and character development. Participants are exposed to advanced training strategies, higher levels of athletic discipline, and leadership development that mirror collegiate expectations. To remain in the program, students must maintain a 3.0 GPA or higher, reinforcing the importance of balancing academics, athletics, and personal responsibility. Elite 25 equips students with the skills, mindset, and support needed to succeed both on the field and in the classroom.

Program Impact Data

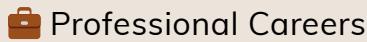
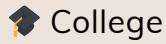
300+ Youth Served Since 2008

75% Positive Long-Term Outcomes

(College scholarships, military service, or professional careers)

17+ Years Serving Youth & Families in the Lowcountry

Multiple Pathways to Success



Strong Community Partnerships

- Local Churches
- Community Organizations
- State Agencies
- Local Schools



Thank you to our families, volunteers, board members, and community partners for walking alongside us as we continue to go the extra mile for our youth.

WWW.EXTRAMILECLUB.ORG

After-School Program Spotlight

Our after-school program remains a cornerstone of our impact. Students participate in mindfulness activities such as yoga and breathing exercises to improve focus and emotional regulation, along with Math and ELA tutoring, academic support, and writing practice. Group discussions led by a licensed behavioral and family therapist help students develop coping skills, confidence, and healthy communication. Enrichment activities and public speaking opportunities further strengthen leadership and self-expression.

Looking Ahead

As we plan for the future, we are focused on expanding academic, career readiness, and writing-based enrichment opportunities, including integrating Math and ELA strategies that support our after-school and mentoring programs. Our goal is to continue serving the same students and families with deeper, more consistent resources that support long-term success.

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